



GRAND RAPIDS

# African American Health Institute

REGISTER YOUR TEAM..

*Champion* Your Cause.

At the **GRAAHI RHYTHM RUN**,  
Your team doesn't just run — you run for something.  
Choose a health cause that connects to your story,  
your family, your community.

Pick your cause. Build your team.  
Make your miles mean something.

August 15, 2026

Check-In: 7:00 AM  
Race Start: 8:00 AM

Ottawa Hills  
High School



Register Here: [www.graahi.org/rhythmrn](http://www.graahi.org/rhythmrn)